

Networking Event

Longevity: Healthy Ageing

Scientific Research Centre (ZRS) Koper

Grand Hotel Bernardin, Portorož, Slovenia

Monday, 29 September 2025



The event is organized within the framework of the project KR PAN - Fostering research support and activities to improve the performance on European research projects, co-financed by the Republic of Slovenia, the Ministry of Higher Education, Science, and Innovation, and the European Union – NextGenerationEU.

AGENDA

8.00 – 9.00 REGISTRATION

09.00 – 10.00 **Prof. dr. Anita Hökelmann**, Otto-von-Guericke University Magdeburg:
Profile characteristics of dance and effects of multimodal dance interventions on mental, cognitive and physical functions among older adults and seniors with cognitive impairment and dementia

Moderators: Šimunič B., Pišot S.

Lecture hall Europa C

10.00 – 11.00 **Prof. dr. Marcela González Gross**, Technical University of Madrid:
The global alliance for the promotion of physical activity and precise prevention: from Hamburg to the world

Moderators: Pišot R., Kalc M.

Lecture hall Europa C

11.00 – 11.30 COFFEE BREAK

11.30 - 13.15 LONGEVITY THROUGH EU PROJECTS

Prof. dr. Ivan Eržen, Scientific Director, National Institute of Public Health
Healthy Ageing: Statistics, Challenges and Opportunities for the Future

Mag. Peter Volasko, National Coordinator for Horizon Europe, Ministry of Higher Education, Science and Innovation
The Importance of Networking through EU Projects

Nika Merkuš, National Contact Point for Cluster 1 - Health, Ministry of Higher Education, Science and Innovation:
Horizon Europe Calls under Cluster 1 – Health

Gabor Papp:
Comprehensive clinical and laboratory evaluation of the effects of functional training in older adults

Javier Modrego:
Adapting body mass index criteria and handgrip strength as a strategy to improve health evaluation in older adults living in Madrid region (Spain). Exernet 3.0

Katarina Puš:

Association between muscle contractility and structural features in Slovenian older adults

Diana Madrid:

Effect of exercise modality during weight loss on changes in muscle in older adults with obesity

Matej Majerič:

Longevity and physical activity

Moderators: Pišot R., González Gross M.

Lecture Hall Europa A

13.15 – 14.15 LUNCH

14.15 – 14.45 **Prof. dr. Branka Javornik**, Biotechnical Faculty, University of Ljubljana:
Healthy longevity: concept or illusion

Moderators: Teraž K., Cikač A.

Lecture Hall Europa C

15.00 – 16.00 OPENING ADDRESS

Guest of Honour: **Dr. Igor Papič**, Minister of Higher Education, Science, and Innovation

Lecture Hall Europa C +D

16.00 - 16.30 **Prof. dr. Sandra Pais**, University of Évora:
Growing Old in Portugal challenges for health and Social Support Services

Moderators: Teraž K., Pišot S.

Lecture Hall Europa C+D

16.30 CLOSING