

## Dogodek mreženja

### Dolgoživost: Zdravo staranje

Znanstveno-raziskovalno središče (ZRS) Koper,

Grand Hotel Bernardin, Portorož

ponedeljek, 29. september 2025



## AGENDA

8.00 – 09.00 REGISTRACIJA

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09.00 – 10.00 **Prof. dr. Anita Hökelmann, Otto-von-Guericke University Magdeburg:**

Profile characteristics of dance and effects of multimodal dance interventions on mental, cognitive and physical functions among older adults and seniors with cognitive impairment and dementia

Moderatorja: Šimunič B., Pišot S.

Dvorana Europa C

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10.00 – 11.00 **Prof. dr. Marcela González Gross, Universidad Politécnica de Madrid:**

The global alliance for the promotion of physical activity and precise prevention: from Hamburg to the world

Moderatorja: Pišot R., Kalc M.

Dvorana Europa C

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11.00 – 11.30 ODMOR ZA KAVO

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11.30 – 13.15 DOLGOŽIVOST SKOZI EU PROJEKTE

**Prim. prof. dr. Ivan Eržen, dr. med. spec., strokovni direktor, Nacionalni inštitut za javno zdravje**

Healthy Ageing: Statistics, Challenges and Opportunities for the Future

**Mag. Peter Volasko, Nacionalni koordinator Obzorja Evropa, Ministrstvo za visoko šolstvo, znanost in inovacije:**

The Importance of Networking through EU Projects

**Nika Merkuš, Nacionalna kontaktna točka za Grozd 1 - Zdravje, Ministrstvo za visoko šolstvo, znanost in inovacije:**

Horizon Europe Calls under Cluster 1 – Health

**Gabor Papp:**

Comprehensive clinical and laboratory evaluation of the effects of functional training in older adults

**Javier Modrego:**

Adapting body mass index criteria and handgrip strength as a strategy to improve health evaluation in older adults living in Madrid region (Spain). Exernet 3.

**Katarina Puš:**

Association between muscle contractility and structural features in Slovenian older adults

**Diana Madrid:**

Effect of exercise modality during weight loss on changes in muscle in older adults with obesity

**Matej Majerič:**

Longevity and physical activity

Moderatorja: Teraž K., Pišot S.

Dvorana Europa A

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13.15 – 14.15 KOSILO

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14.15 – 14.45 **Prof. dr. Branka Javornik, Biotehniška fakulteta, Univerza v Ljubljani:**  
Healthy longevity: concept or illusion

Moderatorja: Teraž K., Cikač A.

Dvorana Europa A

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15.00 – 16.00 OTVORITVENA SLOVESNOST

Častni gost: **Dr. Igor Papič**, minister za visoko šolstvo, znanost in inovacije

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16.00 - 16.30 **Prof. dr. Sandra Pais, University of Évora:**  
Growing Old in Portugal: challenges for health and Social Support Services

Moderatorja: Teraž K., Pišot S.

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16.30 ZAKLJUČEK